

# Parish of Bright Bulletin

## Third Sunday of Lent

8th March 2026

**Parish Priest:** Fr Peter O’Kane,  
16 Rossglass Road, Killough, BT30 7QN  
**Tel:** 028 4484 1221  
**Email:** parishofbright@downandconnor.org  
**Website:** parishofbright.net

### Mass Times: Week Beginning Monday 8th March

<u>St Patrick’s, Legamaddy</u>	<u>St Joseph’s, Killough</u>
9th March Monday 10am	10th March Tuesday 10am
13th March Friday 7.30pm	11th March Wednesday 7.30pm
15th March Sunday 10am	14th March Saturday 10am
	14th March Saturday Vigil 6.30pm

### Our Lady, Star of the Sea, Rossglass

12th March Thursday 10.00am

### Faithful Departed

Recently Deceased: Geraldine Duddy (Ardglass)  
Anniversaries: Aaron Howard, Paul Ward, Brendan & Lizzy Sharvin,  
John & Elizabeth Rogan, Marie & Thomas Smyth

### Weekly Confessions

The Sacrament of Reconciliation is available: after all weekday Masses;  
and in St Joseph’s every Wednesday 8.00pm-8.45pm and at 6.00pm before  
the Saturday Vigil Mass.

### Eucharistic Adoration

St Joseph’s, Killough every Wed: 1.30pm-7.30pm & after Mass 8pm-9pm.  
St Patrick’s, Legamaddy every Friday: 6.30pm-7.30pm.

### Sunday Collection, 1st March:

Weekly £657-50, Monthly £758-30. Thank you for your generous  
contributions.

### St Martin de Porres Magazine

The March edition is available in the CTS book stalls in our three churches,  
priced £2.00.

### Parish Pastoral Council

During the meeting we discussed the following: new diocesan baptism  
training that is in progress and being attended by four of our members,  
work in progress to ensure that the way in which we collect, collate share  
and store the personal details of members of our various parish groups  
meets diocesan data protection guidelines, the template for this year's Easter  
card, the detail of which was finalised. We agreed the date for this year's  
Mass for the Sick, this will take place on September 12th at midday, more  
details will be provided nearer the time.

The next meeting of the Parish Pastoral Council will take place on Tuesday  
April 14th 2026. The members of the Parish of Bright Pastoral Council are:  
Gertie Small (Chair), Suzanne Hogg (Secretary), Mary McGrath, Mary  
Wylie, Cyril Carr, Gerarde Dawe, Fr Peter.

### How Lent can help free you from slavery to consumerism

‘Lent is often viewed as a time of prayer and penance, when we give-up  
sometime like chocolate for 40 days.

At the same time, Lent can be an opportunity for us to curb any excessive  
habits we have, especially if we have become slaves to modern-day  
consumerism.

St. John Paul II mentioned this spiritual practice during his first message for  
Lent in 1979: “Going without things is to free oneself from the slaveries of  
a civilisation that is always urging people on to greater comfort and  
consumption, without a thought even for the preservation of our  
environment, which is the common heritage of humanity.”

The world tells us that we need the "next best thing," whether it is the latest  
smart phone, or the newest electric car.

However, we don't have to succumb to the world's view of happiness, and  
can utilise Lent to step back and examine our own lives, seeing how  
attached we are to the things of this world.

St. John Paul II explains that we can also go one step further: "Going  
without things does not consist only of giving away what we do not need;  
sometimes it also consists of giving away what we do need, like the widow  
in the Gospel who knew that what she was giving away was already a gift  
to her from God.”

As we embrace the holy season of Lent, may we examine our own lives and  
allow ourselves to be freed from any excessive attachments we may have.’

(By Philip Kosloski)