

Parish of Bright Bulletin

Fifth Sunday in Ordinary Time

8th February 2026

Parish Priest: Fr Peter O’Kane,
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Mass Times: Week Beginning Monday 9th February

<u>St Patrick’s, Legamaddy</u>	<u>St Joseph’s, Killough</u>
9th Feb Monday 10am	10th Feb Tuesday 10am
13th Feb Friday 7.30pm	11th Feb Wednesday 7.30pm
15th Feb Sunday 10am	14th Feb Saturday 10am
	14th Feb Saturday Vigil 6.30pm

Our Lady, Star of the Sea, Rossglass
12th Feb Thursday 10.00am

Faithful Departed

Recently Deceased: Rosemary McVeigh (Downpatrick)
Anniversaries: Brian George, Donald McCrissican, Baby Paul Cupples,
Ally Smyth, Henry & Kathleen Starkey & Catherine McKeown,
Philip Keenan, Vera Laird

Weekly Confessions

The Sacrament of Reconciliation is available: after all weekday Masses;
and in St Joseph’s every Wednesday 8.00pm-8.45pm and at 6.00pm before
the Saturday Vigil Mass.

Eucharistic Adoration

St Joseph’s, Killough every Wed: 1.30pm-7.30pm & after Mass 8pm-9pm.
St Patrick’s, Legamaddy every Friday: 6.30pm-7.30pm.

Sunday Collection, 1st February0:

Weekly £660-11, Monthly £713-14. Thank you for your generous
contributions.

Why St. John Paul II instituted a World Day of the Sick

‘The sick and the suffering always had a special place in the heart of St. John Paul II. Even early on in his priestly ministry, he would frequently visit nursing homes and hospitals, always asking for their prayers.

While pope, John Paul II instituted the “World Day of the Sick,” to be celebrated annually on February 11, the feast of Our Lady of Lourdes. In a letter for that first celebration in 1993, John Paul II explained his hopes for this celebration:

“The World Day of the Sick — in its preparation, realization and objectives — is not meant to be reduced to a mere external display centering on certain initiatives, however praiseworthy they may be, but is intended to reach consciences to make them aware of the valuable contribution which human and Christian service to those suffering makes to better understanding among people and, consequently, to building real peace.”

He did not want it to be a mere “external” celebration, but to have an “internal” effect, forming the hearts of all to see the inherent dignity of every human person.

It was his intention to “humanize” medicine, reflecting the physical and spiritual aspects of it:

“The hopes which are so alive today for a humanization of medicine and health care require a more decisive response. To make health care more humane and adequate it is, however, essential to draw on a transcendent vision of man which stresses the value and sacredness of life in the sick person as the image and child of God. Illness and pain affect every human being: love for the suffering is the sign and measure of the degree of civilization and progress of a people.”

As a result, if we want to truly celebrate this day, we need to meditate on how we can treat others with authentic human dignity, and how that can transform the realm of healthcare.’ (By Philip Kosloski)

*On the Feast of Our Lady of Lourdes,
let us confidently turn to our Dearest Mother and ask her intercession for
all her children who suffer in body or mind.
Let us entrust our sisters and brothers to her Maternal Heart,
and pray for all who care for them in hospital,
in nursing accomdation and at home.*