

Parish of Bright Bulletin

Sixteenth Sunday in Ordinary Time

21st July 2024

Parish Priest: Fr Peter O’Kane
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Mass Times: Week Beginning Monday 15th July

<i>St Patrick’s, Legamaddy</i>	<i>St Joseph’s, Killough</i>
22nd July Monday 10am	23rd July Tuesday 10am
26th July Friday 7.30pm	24th July Wed 7.30pm
28th July Sunday 10am	27th July Saturday 10am
	27th July Sat Vigil 6.30pm

Our Lady, Star of the Sea, Rossglass
25th July Thursday 10.00

Faithful Departed

Anniversaries: Frank Gough, Francie Curran, Mary Venney,
Malachy & Michael Drake

Weekly Confession

The Sacrament of Reconciliation is available after all weekday Masses and at 6.00pm before the Saturday Vigil Mass in St Joseph’s.

Eucharistic Adoration

St Patrick’s Church, Legamaddy every Tuesday from 7.00-8.00pm.
St Joseph’s Church, Killough every Wednesday from 1.30pm-7.30pm.

Divine Mercy Holy Hour will take place in St Joseph’s on Sunday 21st July at 3.00pm. ‘Jesus I Trust in You!’

How do we know the Eucharist is Jesus’ body and blood?

“Our eyes will likely never see the bread and wine change into Jesus' body and blood. Ultimately, belief in the Eucharist requires trust in God. In our scientific world, we often want everything verified and calculated, telling us exactly how something happens, or being able to see the mechanisms unfold before our eyes.

Unfortunately, outside of a few Eucharistic miracles, there are no visible changes to the bread and wine we see at Mass. Even if we put a normal consecrated host under a microscope, we would not see it transformed into Jesus' body and blood. Our physical eyes will likely never see a difference between a consecrated host and an unconsecrated host.

How can we be certain? Belief in the Eucharist boils down to trust in God. The *Catechism of the Catholic Church* (CCC) explains this in its section on the Eucharist: "That in this sacrament are the true Body of Christ and his true Blood is something that '**cannot be apprehended by the senses,**' says St. Thomas, 'but **only by faith,** which relies on divine authority.' For this reason, in a commentary on Luke 22:19 ('This is my body which is given for you.'), St. Cyril says: 'Do not doubt whether this is true, but rather receive the words of the Saviour in faith, for **since he is the truth, he cannot lie.**'" CCC 1381

If we believe that Jesus is God and that he told the truth while on earth, then we are challenged to believe in the gift of the Eucharist and that he is able to miraculously transform bread and wine into his body, blood, soul and divinity.

The *Catechism* provides a few verses from St. Thomas' hymn *Adoro te devote* as an example of the type of faith we should have:

‘Godhead here in hiding, whom I do adore
Masked by these bare shadows, shape and nothing more,
See, Lord, at thy service low lies here a heart
Lost, all lost in wonder at the God thou art.

Seeing, touching, tasting are in thee deceived;
How says trusty hearing? that shall be believed;
What God's Son has told me, take for truth I do;
Truth himself speaks truly or there's nothing true.’ CCC 1381

When it comes to the Eucharist, we need both faith and reason. We cannot believe in the Eucharist through reason alone. It all comes down to faith and trusting that God did not lie to us, but is truly present in a unique and miraculous way.” (By Philip Kosloski)